



## Seriously, You Have to Eat

By Adam Mansbach

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**Seriously, You Have to Eat** By Adam Mansbach

"Parents and children alike will surely welcome a pause to bond over a shared recognition that their endless battles are not theirs alone--before they get back to them."

--*New York Journal of Books*

"Everything you hoped for and more....Adam Mansbach, the author and Owen Brozman, the illustrator, have definitely hit a chord with parents."

--*Examiner.com*

"A fun title to read aloud and share!"

--*Midwest Book Review*

"This hilarious book goes into the struggle of getting children to eat and how frustrating it is for parents....With the age-old struggle of getting kids to eat, we are certain parents and grandparents alike will love this book!"

--*Budget Earth*

"Just the humor parents needs as they deal with the frustrations of a picky eater!"

--*Parenting Healthy*, included in Holiday Gift Guide

"This is a great gift for a parent because its reality in a funny, humorous way that only a child would get."

--*Emily's Frugal Tips/Sew Crazy Life*, included in Holiday Gift Guide

"A super fun book that will have readers laughing out loud. Mansbach's quirky, clever humor is unforgettable and absolutely addicting! While *Seriously, You Have to Eat* is totally kid appropriate, adults will seriously chuckle too."

--*Word Spelunking*

On the heels of the *New York Times* best seller *You Have to F\*\*\*king Eat* (a sequel to the worldwide mega-best seller *Go the F\*\*\*k to Sleep*), now comes the version that is entirely appropriate to read to--and with--children. While the message and humor will be similar to the adult version, there will, of course, be no profanity whatsoever.

Step aside *Green Eggs and Ham*, there's a new, 21st-century book in town that will compel all finicky children to eat!

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## **Seriously, You Have to Eat** By Adam Mansbach Bibliography

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### Editorial Review

From School Library Journal

K-Gr 2—While Mansbach is keenly aware of the common disagreements that occur between parents and children, his point of view is purely adult. Like his earlier picture book about going to sleep—a juvenile version of his irreverent adult book—this mealtime plea is appropriately sanitized for the intended audience. Unfortunately, Mansbach's talents do not shine when the author employs spanking clean language, and in addition to maintaining an obviously grown-up perspective, his rhyming is bland, awkward, and forced. "Oh, now you're hungry? Tough luck, kitchen's closed./Have some warm milk. For me a drink that smells like peat./Pancakes? Yeah, right. It's bedtime, child./It's way, way too late now to eat." Children of different ethnicities are shown throughout, which does suggest that eating issues are universal, and an array of cute animals are presented to contrast their reliable feeding traits with the habits of the more obstinate kids. The illustrations are humorous, and some children may giggle in recognizing their own mealtime behavior. But the chuckles are more likely to come from those weary parents who face this particular daily struggle.

VERDICT Unless serving a mature population, take a pass on this one for the sake of the kids.—Gloria Koster, West School, New Canaan, CT

### About the Author

**Adam Mansbach**'s novels include the best-selling *Angry Black White Boy*, a *San Francisco Chronicle* Best Book of 2005, as well as the novels *Rage is Back*, *The Dead Run*, and *The End of the Jews*. His fiction and essays have appeared in the *New York Times Book Review*, the *Believer*, *Granta*, and the *Los Angeles Times*. He is the author of the worldwide best sellers *Go the F\*\*k to Sleep* and *You Have to F\*\*king Eat*, as well as their children's versions, *Seriously, Just Go to Sleep* and *Seriously, You Have to Eat*.

**Owen Brozman** has illustrated for *National Geographic*, *Time Out New York*, Scholastic, Ninja Tune, Definitive Jux Records, and numerous other clients. He is the illustrator of the New York Times best seller *You Have to F\*\*king Eat*, as well as the children's version, *Seriously, You Have to Eat*.

### Users Review

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##### **Jacqueline Kang:**

What do you consider book? It is just for students since they are still students or it for all people in the world, the actual best subject for that? Just you can be answered for that concern above. Every person has various personality and hobby per other. Don't to be pressured someone or something that they don't want do that. You must know how great along with important the book *Seriously, You Have to Eat*. All type of book would you see on many solutions. You can look for the internet options or other social media.

##### **Alysa Appel:**

In this 21st hundred years, people become competitive in each and every way. By being competitive right now, people have do something to make these people survives, being in the middle of the particular crowded place and notice by simply surrounding. One thing that oftentimes many people have underestimated this for

a while is reading. Yeah, by reading a book your ability to survive raise then having chance to stand up than other is high. To suit your needs who want to start reading any book, we give you this particular Seriously, You Have to Eat book as nice and daily reading guide. Why, because this book is usually more than just a book.

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**Helen Butts:**

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