



Callings: Finding and Following an Authentic Life

By Gregg Michael Levoy

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Callings: Finding and Following an Authentic Life By Gregg Michael Levoy

How do we know if we're following our true callings? How do we sharpen our senses to cut through the distractions of everyday reality and hear the calls that are beckoning us?

is the first book to examine the many kinds of calls we receive and the great variety of channels through which they come to us. A calling may be to do something (change careers, go back to school, have a child) or to be something (more creative, less judgmental, more loving). While honoring a calling's essential mystery, this book also guides readers to ask and answer the fundamental questions that arise from any calling: How do we recognize it? How do we distinguish the true call from the siren song? How do we handle our resistance to a call? What happens when we say yes? What happens when we say no?

Drawing on the hard-won wisdom and powerful stories of people who have followed their own calls, Gregg Levoy shows us the many ways to translate a calling into action. In a style that is poetic, exuberant, and keenly insightful, he presents an illuminating and ultimately practical inquiry into how we listen and respond to our calls, whether at work or at home, in our relationships or in service. **Callings** is a compassionate guide to discovering your own callings and negotiating the tight passages to personal power and authenticity.

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Editorial Review

Review

'Stunning! Wonderful! Levoy writes like a poet. His material is both spiritual and practical.' Larry Dossey, author of Healing Words 'Callings can help you discover your true vocation - and help you hear the still small voice that calls you by name.' Sam Keen, author of Fire In the Belly

From the Inside Flap

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From the Back Cover

"Stunning! Wonderful! Levoy writes like a poet. His material is both spiritual and practical. I don't know another book that deals with callings in quite the same way."

--Larry Dossey, M.D., author of Healing Words and Prayer in Medicine

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