



The Couples Psychotherapy Treatment Planner

By K. Daniel O'Leary, Richard E. Heyman, Arthur E. Jongsma Jr.

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THE BESTSELLING TREATMENT PLANNING SYSTEM FOR MENTAL HEALTH PROFESSIONALS

The Couples Psychotherapy Treatment Planner, Second Edition provides all the elements necessary to quickly and easily develop formal treatment plans that satisfy the demands of HMOs, managed care companies, third-party payors, and state and federal agencies.

- New edition features empirically supported, evidence-based treatment interventions
- New chapters on Internet sexual use, retirement, and parenthood strain
- Organized around 35 behaviorally based presenting problems including jealousy, midlife crisis, parenting conflicts, and sexual dysfunction
- Over 1,000 prewritten treatment goals, objectives, and interventions—plus space to record your own treatment plan options
- Easy-to-use reference format helps locate treatment plan components by behavioral problem
- Designed to correspond with *The Couples Psychotherapy Progress Notes Planner, Second Edition* and *Couples Therapy Homework Planner, Second Edition*
- Includes a sample treatment plan that conforms to the requirements of most third-party payors and accrediting agencies including CARF, The Joint Commission (TJC), COA, and the NCQA

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Editorial Review

From the Back Cover

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About the Author

ARTHUR E. JONGSMA, Jr., PhD, is the Series Editor for the bestselling *PracticePlanners*®. Since 1971, he has provided professional mental health services to both inpatient and outpatient clients. He was the founder and director of Psychological Consultants, a group private practice in Grand Rapids, Michigan, for twenty-five years. He is the author or coauthor of over forty books and conducts training workshops for mental health professionals around the world.

K. DANIEL O'LEARY, PhD, is a Distinguished Professor of Clinical Psychology in the Department of Psychology at Stony Brook University, State University of New York. His current research focuses on physical and psychological aggression in intimate relations and factors in marriage that lead to clinical depression.

RICHARD E. HEYMAN, PhD, is a Research Professor of Clinical Psychology in the Department of Psychology at Stony Brook University, State University of New York. Dr. Heyman's research program focuses on the development and maintenance of family problems.

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Katherine Velasquez:

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