



# The Couples Psychotherapy Treatment Planner

By K. Daniel O'Leary, Richard E. Heyman, Arthur E. Jongsma Jr.

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## THE BESTSELLING TREATMENT PLANNING SYSTEM FOR MENTAL HEALTH PROFESSIONALS

*The Couples Psychotherapy Treatment Planner, Second Edition* provides all the elements necessary to quickly and easily develop formal treatment plans that satisfy the demands of HMOs, managed care companies, third-party payors, and state and federal agencies.

- New edition features empirically supported, evidence-based treatment interventions
- New chapters on Internet sexual use, retirement, and parenthood strain
- Organized around 35 behaviorally based presenting problems including jealousy, midlife crisis, parenting conflicts, and sexual dysfunction
- Over 1,000 prewritten treatment goals, objectives, and interventions—plus space to record your own treatment plan options
- Easy-to-use reference format helps locate treatment plan components by behavioral problem
- Designed to correspond with *The Couples Psychotherapy Progress Notes Planner, Second Edition* and *Couples Therapy Homework Planner, Second Edition*
- Includes a sample treatment plan that conforms to the requirements of most third-party payors and accrediting agencies including CARF, The Joint Commission (TJC), COA, and the NCQA

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## **Editorial Review**

From the Back Cover

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#### About the Author

**ARTHUR E. JONGSMA, Jr., PhD**, is the Series Editor for the bestselling *PracticePlanners*®. Since 1971, he has provided professional mental health services to both inpatient and outpatient clients. He was the founder and director of Psychological Consultants, a group private practice in Grand Rapids, Michigan, for twenty-five years. He is the author or coauthor of over forty books and conducts training workshops for mental health professionals around the world.

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