



Personal Trainer Practice Test: 300 Exam Questions To Educate And Challenge Anyone

By Joe Cannon

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This 300 question personal trainer practice test was created by a self employed personal trainer with over 20 years of experience. Joe Cannon not only is a personal trainer himself, he also TEACHES personal training! He trains the trainers. This gives him a unique insight into what personal trainers know -and don't know. This personal trainer test was created to not only help people pass a certification test, but also to help show them how to THINK like a personal trainer. This will help people be successful in their careers. This personal trainer test contains not only real life information but also facts that no other practice test has. The test is divided into sections and allows people the ability to grade themselves so they can learn which areas that they understand as well as those they need to study more. This helps people save time as they prepare for their exam. Bonus Section. The test also contains 25 important tips to help people better prepare for their fitness certification exam. Knowing these tips will save people time, anxiety and frustration as they study. If you want to pass a personal trainer test, and learn more and improve your confidence, this practice test is just what you have been looking for.

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Editorial Review

About the Author

Joe Cannon, holds an MS in exercise science and a BS in chemistry and biology. He has been self employed for over 10 years and teaches personal training. He's been interviewed on TV, radio and podcasts and has written for several publications. He's also the author of several books including 101 Personal Trainer Marketing Secrets, Personal Fitness Training Beyond The Basics, Nutrition Essentials: A Guidebook For the Fitness Professional and Nutritional Supplements What Works And Why.

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Franklin Richter:

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John Stewart:

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Jeffrey Channell:

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