



# One Year to a Writing Life: Twelve Lessons to Deepen Every Writer's Art and Craft

By Susan M. Tiberghien

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Whether you are a writer of fiction or essays, or want to explore poetry or memoir, Tiberghien's twelve fundamental lessons will help you discover and develop your own distinct voice. Tiberghien's inventive exercises focus on the processes unique to each genre, while also offering skills applicable to any kind of writing, from authentic dialogue to masterful short-shorts. With vivid examples from literary masters such as Rainer Maria Rilke, Eduardo Galeano, May Sarton, Terry Tempest Williams, and Orhan Pamuk, as well as Tiberghien's own work and that of her students, *One Year to a Writing Life* is an essential guidebook of exercises, practical advice, and wisdom for anyone looking to embrace, explore and implement creativity in everyday life.

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### Editorial Review

#### Review

##### **Writer, December 2008**

“A great introduction for those still wondering about how to start writing and get things down on the page so that they make sense.”

##### **Blogcritics.org, 3/18/09**

“If you enjoy writing but desire to go deeper, and be a better, more thoughtful writer, this guide will truly help you reach your core.”

#### About the Author

**Susan M. Tiberghien** is an American-born writer living in Geneva, Switzerland. The author of three memoirs, she has also published widely in journals and anthologies. Tiberghien teaches and lectures at graduate programs, at C.G. Jung Centers, and at writers' conferences in the U.S. and in Europe.

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