



Resurrecting Jesus: Embodying the Spirit of a Revolutionary Mystic

By Adyashanti

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The story of Jesus has not waned in its power to change lives. Yet today, even though the majority of us grew up in a culture suffused by the mythos of Jesus, many of us feel disconnected from the essence and vitality of his teachings. With *Resurrecting Jesus*, Adyashanti invites us to rediscover the life and teachings of Jesus as a direct path to what may be the most radical of transformations: spiritual awakening.

Jesus crossed all of the boundary lines that separated the people of his time because he viewed the world from the perspective of what unites us, not what divides us. In *Resurrecting Jesus*, Adya asks us to consider the man known as Jesus as a model of enlightened engagement with the world. He examines the story of Jesus from his birth to the Resurrection to reveal how the central events in Jesus' life parallel the stages of awakening that we may be called to experience ourselves. Adya then illuminates five central archetypes of the Jesus story—Peter, John, Mary Magdalene, Judas, and Pontius Pilate—and the key insights they hold about the way we might relate to the spiritual impulse within. Our journey concludes with an inspiring call to "live the Christ" in a way that is unique to each one of us.

"When the eternal and the human meet," writes Adya, "*that's* where love is born—not through escaping our humanity or trying to disappear into transcendence, but through finding that place where they come into union." *Resurrecting Jesus* is a book for realizing this union in your own life, from one moment to the next, with heart and mind wide open to the mystery that lives inside us all.

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Review

"Adyashanti's teachings point us toward what we most yearn for: realizing and embodying the love and awareness that is our natural state."

—**TARA BRACH**, author of *Radical Acceptance*

About the Author

Adyashanti

Adyashanti is an American-born spiritual teacher devoted to serving the awakening of all beings. His teachings are an open invitation to stop, inquire, and recognize what is true and liberating at the core of all existence. His books include *Emptiness Dancing*, *The End of Your World*, *True Meditation*, *The Way of Liberation*, and *Falling into Grace*.

Asked to teach in 1996 by his Zen teacher of 14 years, Adyashanti offers teachings that are free of any tradition or ideology. "The Truth I point to is not confined within any religious point of view, belief system, or doctrine, but is open to all and found within all." For more information, please visit adyashanti.org.

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