



Deep Survival: Who Lives, Who Dies, and Why

By Laurence Gonzales

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"Unique among survival books... stunning... enthralling. *Deep Survival* makes compelling, and chilling, reading."?Penelope Purdy, *Denver Post*

In *Deep Survival*?, Laurence Gonzalez combines hard science and powerful storytelling to illustrate the mysteries of survival, whether in the wilderness or in meeting any of life's great challenges. This gripping narrative, the first book to describe the art and science of survival, will change the way you see the world. Everyone has a mountain to climb. Everyone has a wilderness inside.



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Editorial Review

Review

“A fascinating look into why we are who we are.” (Bill McKibben, author of The End of Nature and Enough)

“*Deep Survival* is by far the best book on the many insights into epic survival stories I have ever read.” (Daryl Miller, Chief of Mountaineering, Denali National Park & Preserve)

“A feast of excitement and wonder. Makes complexity and chaos come alive, girdled by neurological processes, drenched with fantastic accounts of danger and death. You will see the world differently.” (Charles Perrow, author of Normal Accidents)

“Great stories of disaster and survival... combined with revealing science about the physiology and psychology of how we deal with crisis.... Accurate, accessible, up-to-date and insightful.” (Robert Sapolsky, author of Why Zebras Don't Get Ulcers)

“Laurence Gonzales has masterfully woven together personal survival stories with the study of human perception to reach rock-bottom truths about how to live with risk.” (Peter Stark, author of Last Breath: The Limits of Adventure)

“Professional rescuers will love this book. It goes to the heart of the instincts that drive us to risk our own lives to save others.” (Jacki Golike, Executive Director, National Association for Search and Rescue)

“Gonzalez takes us on a fascinating, fast-paced, and exciting adventure into survival. His captivating stories, many from personal experience, will keep you turning the pages, stopping only to imagine how you, and your brain, would react when faced with a survival experience.” (Joseph LeDoux, author of The Emotional Brain and Synaptic Self)

About the Author

Laurence Gonzales is the author of *Surviving Survival*, *Flight 232* and the bestseller *Deep Survival: Who Lives, Who Dies, and Why*. He has won two National Magazine Awards and is a scholar at the Sante Fe Institute. He divides his time between Evanston, Illinois, and Santa Fe, New Mexico.

Users Review

From reader reviews:

Wayne Sutphin:

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Lisa Knight:

Now a day people that Living in the era exactly where everything reachable by interact with the internet and the resources included can be true or not involve people to be aware of each facts they get. How individuals to be smart in having any information nowadays? Of course the solution is reading a book. Examining a book can help people out of this uncertainty Information especially this Deep Survival: Who Lives, Who Dies, and Why book because book offers you rich details and knowledge. Of course the details in this book hundred percent guarantees there is no doubt in it you may already know.

Jeremy Reed:

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Diana Johnson:

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