



# Pass the Jelly: Tales of Ordinary Enlightenment

By Gary Crowley

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Engaging and fast paced, Pass the Jelly will have you laughing through a wild ride filled with unforgettable characters. Poignant and often hysterical memories from the author's 1970s New England childhood combine with outrageous present day interactions in an irreverent, charming journey as the author relates the insights he gathers along the way. The reader is challenged and entertained by a philosophy of life that is a welcome contrast to today's conventional wisdom. Genuine and heartfelt, the stories will stick with you long after you finish the book.

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## **Pass the Jelly: Tales of Ordinary Enlightenment By Gary Crowley Bibliography**

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### Editorial Review

#### Review

I find in Gary Crowley and his book *Pass the Jelly* a rare combination of humor, perspective and wisdom—a refreshing take on life and reality. I'm the better for it, and I hope many people partake in this nourishing and tasty feast.

(Dan Millman, author of *Way of the Peaceful Warrior*)

*Pass the Jelly: Tales of Ordinary Enlightenment* explores the Pass the Jelly principle, which teaches about cause, effect and acceptance. The author's formula for quick compassion and how to live a fruitful life makes for a powerful set of admonitions perfect for any new age or spirituality collection. (*Bookwatch, June 18, 2010*)

Gary and his unforgettable characters say a lot about the way things are and about how to live life effectively. You never feel you are being lectured, however. The characters, not the teachings, take the front seat. That makes *Pass the Jelly* an important contribution to the spirituality genre. Profound spiritual teachings are rarely this easy and this much fun to get, understand, remember, and apply. The one topic Gary never talks about is the one thing this book is all about: love. You feel it on every page, in every paragraph. I loved this book.

(Jerry Katz)

Gary Crowley explores the brilliant ordinariness of 'what is' with a user-friendly writing style that sparkles with wit and wisdom. By humorously showing how everyday encounters can be opportunities for new awareness, he invites readers to open themselves to the obvious beauty and simplicity of the here-and-now moment. If you're tired of long-winded, esoteric books that aren't grounded in the real world, then *Pass the Jelly* is definitely something that you'll enjoy. Highly recommended. (Chuck Hillig)

In a genre loaded with books about the serious business of enlightenment, Gary Crowley's new book, *Pass the Jelly*, shows us we can frequently find humor on the road to awakening. I recommend this book to anyone interested in laughing their way to practical enlightenment. (Ike Allen)

#### About the Author

Gary Crowley was raised in Seekonk, Massachusetts, and lived in the same blue-collar Irish Catholic home in the same child-packed neighborhood for the next eighteen years. Then he moved to California to attend Stanford, graduating with a B.A. in Economics and another in Political Science. He now lives in Encinitas, California, which is near San Diego. Gary is a bodyworker whose practice focuses on people with chronic structural pain. He was trained in Rolfing (also known as Structural Integration) eighteen years ago. He calls his work Functional Bodywork. In 2006, he published the book *From Here to Here: Turning Toward Enlightenment*. Gary's website is [www.garycrowley.com](http://www.garycrowley.com).

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**Edward Emory:**

Do you among people who can't read gratifying if the sentence chained inside the straightway, hold on guys this particular aren't like that. This Pass the Jelly: Tales of Ordinary Enlightenment book is readable by means of you who hate those straight word style. You will find the details here are arrange for enjoyable reading through experience without leaving even decrease the knowledge that want to deliver to you. The writer involving Pass the Jelly: Tales of Ordinary Enlightenment content conveys the thought easily to understand by lots of people. The printed and e-book are not different in the written content but it just different available as it. So , do you nevertheless thinking Pass the Jelly: Tales of Ordinary Enlightenment is not loveable to be your top checklist reading book?

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Playing with family inside a park, coming to see the coastal world or hanging out with buddies is thing that usually you could have done when you have spare time, and then why you don't try factor that really opposite from that. A single activity that make you not experiencing tired but still relaxing, trilling like on roller coaster you are ride on and with addition details. Even you love Pass the Jelly: Tales of Ordinary Enlightenment, you can enjoy both. It is fine combination right, you still want to miss it? What kind of hang-out type is it? Oh occur its mind hangout men. What? Still don't obtain it, oh come on its called reading friends.

**Paul Anderson:**

This Pass the Jelly: Tales of Ordinary Enlightenment is great guide for you because the content that is full of information for you who all always deal with world and get to make decision every minute. That book reveal it information accurately using great manage word or we can say no rambling sentences within it. So if you are read the idea hurriedly you can have whole info in it. Doesn't mean it only gives you straight forward sentences but challenging core information with beautiful delivering sentences. Having Pass the Jelly: Tales of Ordinary Enlightenment in your hand like getting the world in your arm, information in it is not ridiculous one. We can say that no reserve that offer you world with ten or fifteen moment right but this book already do that. So , this is good reading book. Hey there Mr. and Mrs. hectic do you still doubt this?

**Robert Araiza:**

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