



Family Life Now (2nd Edition)

By Kelly J. Welch

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A candid and thoughtful conversation about families and family life. This text combines the personal touch and scholarly expertise of an outstanding teacher to explore the ways that family members and intimate partners interact, and how families adapt to stresses, changes and everyday challenges. We are all a product of our families of origin. How that influences who we are and who we become is a central theme woven throughout Family Life Now. This book follows the Family Life Education framework to examine marriages, families, and intimate relationships. Throughout the text, theories from the fields of sociology, family studies, psychology, lifespan human development, and other social sciences are integrated so that they can be applied to real life situations. The text also presents enough biological science to explain some of the physical realities of who we are and why we behave as we do.

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Editorial Review

Review

"Family Life Now is the best family relations book on the market."

Beckie Adams, Ball State University

"Excellent Text. I have reviewed many and taught from many, and this is the best one."

Victor Harris, Utah State University

Writing Style

"I think the author's writing style is one of her most important assets. She writes as if the student is attending an interesting lecture with humor and applicable examples. I can see undergraduates excited to read the material."

Alan Taylor, East Carolina University

"The writing style is relevant, diverse, and engaging!"

Joanne Sommers, Bowling Green State University

"I always like the vignettes the author uses to attract the reader to learn more."

Alan Taylor, East Carolina University

"The author has done an excellent job in defining terms and explaining concepts. This is especially seen in her presentation of theories."

Denise Bodman, Arizona State University

Currency

"The research is current, relevant, and accurate."

Joanne Sommers, Bowling Green State University

"I love the topics in the chapter on Commitment. This is by far the most up-to-date chapter I've seen."

Students will love the 'nowness' of it."

Denise Bodman, Arizona State University

"The most current research is used where helpful and relevant, but still-critical classics haven't been cut."

Erica Yaeger, West Virginia University

"I think the updates that have been implemented to the current edition are well worth students' money and time."

Heather Von Bank, Minnesota State University

Pedagogy

"The boxes are excellent ways to engage the students and explore their own values and beliefs"

Joanne Sommers, Bowling Green State University

"The additional features, such as 'Own It', 'Family Life Now' 'Family Table', etc, are excellent ways to create classroom or small group discussions."

Beckie Adams, Ball State University

"I really like the concept of the 'Own It!' boxes. These are a great opportunity for students to think critically about how they view things in their own life."

Jeremy Boyle, Kansas State University

"'Family Life Now' is relevant and informative. I especially like the bullet format that allows the student to make a quick evaluation of the relative positions of either side, then engage with the material through the questions below."

Erica Yaeger, West Virginia University

Organization

"The topics fit well together and there's a natural flow."

Beckie Adams, Ball State University

About the Author

<>**Kelly Shea Welch** teaches in the School of Family Studies and Human Services at Kansas State University. A native of Kansas, she received her Ph.D. in Family Studies at Kansas State University after working for many years as a doula, a professional birth attendant who provides emotional, physical, and informational support to the childbearing woman and her partner. Still today her research interests marry women's health issues with family studies. Over the past 10 years, she has taught the large, introductory human growth and development course which enrolls a little more than 1,000 students per semester. The author of the interactive learning CD Roms, *Development: Journey of a Lifetime*, and *Development: Journey through Childhood and Adolescence*, she recognizes and emphasizes the value of active and learner-centered pedagogy that allows students to organize, integrate, and generate knowledge. In addition to teaching the human growth and development course, she also teaches the Family Relationships class that enrolls approximately 300 students each semester. She is a recipient of numerous teaching awards, including the Presidential Award for Outstanding Undergraduate Teaching, and nominations for the United States Professor of the Year and the United States Distance Educator of the Year. These teaching awards and nominations recognize her distinct, innovative, and energetic teaching style—students consistently indicate that this unique teaching style puts them “on the edge” of their seats and holds their attention.

You can follow Dr. Welch on Twitter (drkellywelch), where you can ask questions and learn about intimate relationships and sex.

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