



Trekking Tibet: A Traveler's Guide, 3rd Edition

By Gary McCue

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Trekking Tibet: A Traveler's Guide, 3rd Edition By Gary McCue

- * Thoroughly revised and updated new edition
- * Features one of the most detailed histories of Tibetan culture and geography available for travelers
- * Includes a new trekking route over a glaciated 19,300-foot pass used by Heinrich Harrer, author of *Seven Years in Tibet*

In the new edition of this indispensable trekking guide to Tibet, travelers will learn the necessities of pre-trip planning and how to seek out the most rewarding treks in a region of the world few get to visit. New features of the 3rd edition include:

- > Expanded section on East Tibet
- > New five-day trek in the popular Lhasa region of the pilgrimage circuit of Lhamo Latsho
- > New trek route over a pass used by George Mallory in 1921 on his first reconnaissance of Everest
- > New two-day trek in the Shishapangma region
- > Four new treks in the Mount Kailash region

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- Sales Rank: #1451442 in Books
- Published on: 2010-10-08
- Released on: 2010-10-08

- Original language: English
- Number of items: 1
- Dimensions: 8.47" h x .83" w x 5.56" l, 1.08 pounds
- Binding: Paperback
- 416 pages



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Editorial Review

Review

Gary McCue's 3rd edition of Trekking Tibet is out from Mountaineers. David Breashears calls it "invaluable." I agree. Terrific resource. (James O'Reilly *Traveler's Tales/Solas House Publishing*)

If you really want to get into Tibet, this book will surely take you there. (*New York Newsday*)

About the Author

GARY McCUE is a guide who regularly leads treks through the Himalaya and Tibet.

Users Review

From reader reviews:

Maureen Guzman:

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