



Self Esteem

By Virginia Satir

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SELF ESTEEM is a simple and succinct declaration of self-worth for women looking for renewed hope, broader possibilities, and positive feelings about themselves. Author and renowned therapist Virginia Satir's message is as timely as it is timeless, her eloquent and uplifting words paired with colorful illustrations that will capture a whole new generation of readers. This reissued edition of SELF ESTEEM is the perfect pick-me-up for a friend or loved one experiencing heartbreak, a lost job, or a particularly challenging life event.

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Editorial Review

About the Author

The late VIRGINIA SATIR was a world-renowned family therapist, author, lecturer, and consultant.

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