



# Man, Interrupted: Welcome to the Bizarre World of OCD, Where Once More is Never Enough

By James Bailey

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James Bailey suffered from a bizarre and debilitating form of obsessive-compulsive disorder. He was acutely anxious about mind-altering drugs getting into his system and warping his behavior. Paranoid questions would routinely plague him. *Were people trying to spike his food? Could he get high just by touching a photograph of a marijuana leaf?* The treatment program he went through brought him face to face with his nightmares. He was asked to mingle and shake hands with the local junkies, overcoming his fear that whatever they had taken would be transmitted to him through their skin. Thanks to his indomitable spirit, James is now able to see the absurdity of many of the bizarre situations in which he found himself. His quirky sense of humor combined with his strength of character helped him to recover and go back out to face the world again.

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## **Man, Interrupted: Welcome to the Bizarre World of OCD, Where Once More is Never Enough** By James Bailey **Bibliography**

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### Review

"Bailey writes up his treatment in chirpy style, rarely self-pitying or morbid." —*Evening Standard*

"A very funny, profound, soul-searching account of James's emotional journey . . . the story sits somewhere between *The Catcher in the Rye* and *One Flew Over the Cuckoo's Nest*." —*Bizarre*

"Bailey's vivid sense of humour means he relates his story with a knowing sense of the absurd." —*Daily Mail*

"There is something entirely engaging about his cheerfully hapless approach to life." —*The Observer*

### About the Author

**James Bailey** was born in Arkansas City, Kansas. After pursuing an acting career in the early '80s, he discovered that writing was another way to express his pent-up anger and creativity. He was content to leave Hollywood but soon after was struck with a crippling form of OCD. Now recovered, he lives in Louisiana, where he continues to write and act.

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