



# Chinese medical Qigong therapy: A comprehensive clinical guide

*By Jerry Alan Johnson*

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Chinese Medical Qigong Therapy A Clinical Text is the first comprehensive textbook of medical qigong written in English and widely available. This book is the original version, now out of print, and contains chapters on Chinese medical theory, diagnosis, medical qigong prescriptions and self-care practices. Written and illustrated by Dr Jerry Alan Johnson PhD, MMQ who lived and worked in China in some of the hospitals that still use medical qigong as a form of treatment along with acupuncture, herbs and Western Medicine.

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