



A Guide to Confident Living

By Dr. Norman Vincent Peale

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***"Change your thoughts and you change your life."* -- Norman Vincent Peale**

A Guide to Confident Living shows you how to release your inner powers to achieve confidence and contentment. Using accessible language, Dr. Peale helps you find the way to new energy that will actually revitalize your life. Here, he offers advice on how to:

- **free your inner powers**
- **"talk out" your troubles**
- **lose your inferiority complex**
- **achieve a calm center for your life**
- **practice the power of prayer**
- **find freedom from fear and sorrow**
- **attain marital, professional, and personal happiness**

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Editorial Review

From the Inside Flap

The secret of happiness lies within you and in A Guide to Confident Living, Dr. Norman Vincent Peale demonstrates how you can think your way to success and happiness with his amazing time-tested techniques. Step-by-step, in clear readable language, Dr. Peale shows you how to release your inner powers to achieve confidence and contentment and to open the way to new energy that will actually revitalized your life.

About the Author

Norman Vincent Peale, one of the most influential clergymen of his time, is the author of forty-six books, including the international bestseller *The Power of Positive Thinking*. Dr. Peale's legacy continues today through the Peale Center for Christian Living, the Outreach Division of Guideposts, www.dailystudy.com/positivethinking.

Users Review

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Bryant Davidson:

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about something that you need instance. How to get the good score toefl, or how to teach your sons or daughters, there are many kinds of book which exist now. The authors in this world always try to improve their ability in writing, they also doing some study before they write to their book. One of them is this A Guide to Confident Living.

Jean Taylor:

People live in this new moment of lifestyle always try to and must have the spare time or they will get great deal of stress from both daily life and work. So , once we ask do people have free time, we will say absolutely without a doubt. People is human not a robot. Then we question again, what kind of activity have you got when the spare time coming to an individual of course your answer will unlimited right. Then do you ever try this one, reading books. It can be your alternative in spending your spare time, the actual book you have read is A Guide to Confident Living.

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