



## The Complete Chess Workout: Train your brain with 1200 puzzles! (Everyman Chess)

*By Richard Palliser*

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In this book, tactics expert Richard Palliser presents the reader with an enormous 1500 chess puzzles, all checked for accuracy by the latest computer engines. There is something for players of all levels here: many basic tactics – forks, pins, skewers and checkmates – to appeal to beginners and improvers, and a considerable number of brain-teasers that will tax even the strongest of players.

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## **The Complete Chess Workout: Train your brain with 1200 puzzles! (Everyman Chess) By Richard Palliser Bibliography**

- Sales Rank: #130940 in Books
- Brand: EVERYMAN CHESS
- Published on: 2007-11-01
- Original language: English
- Number of items: 1
- Dimensions: .82" h x 6.78" w x 9.72" l, 1.41 pounds
- Binding: Paperback
- 360 pages

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### Editorial Review

#### Review

‘Simply masterful’

- Grandmaster Glenn Flear reviewing Palliser’s *Tango!* for *New In Chess*.

‘Palliser is an admirably reliable guide’

- *British Chess Magazine*’s review of Palliser’s *Bb5 Sicilian*.

Players of all levels.

#### From the Back Cover

All top chess players agree that to keep your tactical muscles in shape it’s imperative to continue training, and the easiest and most fun way to do this is by performing tactical exercises. Even solving a few puzzles for ten minutes each day can be of utmost benefit for the aspiring player. But where can one find the required number of suitable puzzles to satisfy this demand?

Look no further than *The Complete Chess Workout*. In this book, tactics expert Richard Palliser presents the reader with a massive 1500 puzzles, all checked for accuracy by the latest computer engines. There is something for players of all levels here: many basic tactics – forks, pins, skewers and checkmates – to appeal to beginners and improvers, and a considerable number of brain-teasers that will tax even the strongest of players. Palliser has meticulously collected puzzles from practical play in recent years – a large percentage of the exercises here will be completely new to most readers. All the important tactical themes are covered, while there are special sections on opening traps and endgames. Work your way through this book, and your opponents will soon be on the receiving end of your increased tactical powers!

\*A comprehensive training manual for chess tactics

\*Ideal for all levels of player

\*All puzzles checked by computer engines

#### About the Author

**Richard Palliser** is a young English International Master and 2006 Joint British Rapidplay Champion. He is quickly carving out a reputation as a skilled and prolific chess writer. He is resident in the UK.

### Users Review

#### From reader reviews:

**James Brown:**

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**Kevin Vargas:**

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