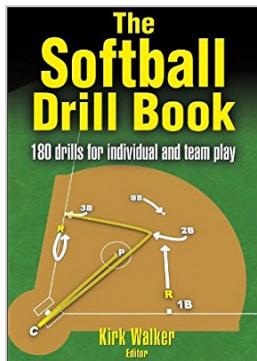


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The Softball Drill Book

By Kirk Walker

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The Softball Drill Book By Kirk Walker

Packed with 175 drills straight from the practice sessions of the game's most successful programs, *The Softball Drill Book* will add variety to your practices and precision to your game-day performances.

The comprehensive collection covers every aspect of the game. From warm-up to conditioning, throwing to hitting, bunting to base-running, you'll find drills to improve position skill and team execution - all from college coaches and programs that have won 13 NCAA Women's College World Series titles and dozens of NCAA regional tournament titles.

Contributors include:

- Louie Berndt, Florida State
- Carol Bruggeman, Louisville
- Yvette Girouard, Louisiana State
- Michelle Gromacki, Cal State Fullerton
- Deanna Gumpf, Notre Dame
- Carol Hutchins, Michigan
- Kelly Inouye-Perez, UCLA
- Jay Miller, Mississippi State
- Jennifer Ogee, Nebraska
- Kim Sowder, Long Beach State
- Heather Tarr, Washington
- Michelle Venturella, Iowa

-Kirk Walker, Oregon State

-Margie Wright, Fresno State

One look at the names above and it is clear, *The Softball Drill Book* is your blueprint for championship practices.

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