



Very British Problems: Making Life Awkward for Ourselves, One Rainy Day at a Time

By Rob Temple

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There's an epidemic sweeping the nation

Symptoms include:

- *Acute embarrassment at the mere notion of 'making a fuss'
- *Extreme awkwardness when faced with any social greeting beyond a brisk handshake
- *An unhealthy preoccupation with meteorology

Doctors have also reported several cases of unnecessary apologising, an obsessive interest in correct queuing etiquette and dramatic sighing in the presence of loud teenagers on public transport. If you have experienced any of these symptoms, you may be suffering from **VERY BRITISH PROBLEMS**.

VERY BRITISH PROBLEMS are highly contagious. There is no known cure.

Rob Temple's hilarious new book reveals all the ways in which we are a nation of socially awkward but well-meaning oddballs, struggling to make it through every day without apologising to an inanimate object. Take comfort in misfortunes of others. You are not alone.

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Review

A corking Christmas stocking filler?**Weekend Sport**

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Hilarious?**Daily Express**

Had us guffawing into our Earl Grey tea?**Bella**

About the Author

Rob Temple is an award-winning features editor and the founder of @soverybritish.

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