



Curbside Consultation in Pediatric Obesity: 49 Clinical Questions (Curbside Consultation in Pediatrics)

By Jeannie S. Huang MD MPH

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Are you looking for concise, practical answers to those questions that are often left unanswered by traditional pediatric obesity references? Are you seeking brief, evidence-based advice for complicated cases or controversial decisions?

Curbside Consultation in Pediatric Obesity: 49 Clinical Questions provides quick answers to the tricky questions most commonly posed during a “curbside consultation” between pediatricians.

Dr. Jeannie Huang has designed this unique reference which offers expert advice, preferences, and opinions on tough clinical questions commonly associated with pediatric obesity. The unique Q&A format provides quick access to current information related to pediatric obesity with the simplicity of a conversation between two colleagues. Numerous images, diagrams, and references allow readers to browse large amounts of information in an expedited fashion.

Some of the questions that are answered:

- How can a primary care practitioner manage obesity?
- My patients often ask me about fad diets for weight loss. What is the bottom line about fad diets - are they benign or do some have associated adverse risks?
- What are some of the behavioral programs available for obese children and how do I choose which would be the most appropriate for my obese patients?
- I am often asked about bariatric surgery. What are the different weight loss surgeries for pediatric patients? What are the important considerations, associated complications, and effectiveness of each type of surgery?
- How do I get reimbursed for delivery of weight management therapies in the office?

- Are there any effective technologies (apps, sensors) available to help pediatric patients lose weight?

Curbside Consultation in Pediatric Obesity: 49 Clinical Questions provides information basic enough for residents while also incorporating expert advice that even high-volume pediatricians will appreciate. Pediatricians, nurse practitioners, physician assistants, and family practitioners will benefit from the user-friendly, casual format and the expert advice contained within.

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Editorial Review

About the Author

Jeannie S. Huang, MD, MPH obtained her BS from Brown University in Providence, RI and received her medical degree from the Johns Hopkins School of Medicine in Baltimore, MD. Her postdoctoral training included a pediatric residency at the Children's Hospital of Los Angeles in California and fellowship in the Combined Program in pediatric gastroenterology and nutrition at Boston Children's Hospital and Massachusetts General Hospital. She obtained a Master's of Public Health at the Harvard University School of Public Health, Boston, MA, in Clinical Effectiveness. She is currently Program Director of the Pediatric Gastroenterology, Hepatology and Nutrition fellowship program at the University of California San Diego (UCSD) and an associate professor of Pediatrics at UCSD. She is an active member of the North American Society of Pediatric Gastroenterology, Hepatology and Nutrition (NASPGHAN); she previously chaired the NASPGHAN Task Force on Obesity and currently leads quality improvement projects providing maintenance of certification credit in obesity as well as pediatric gastroenterology for both NASPGHAN and the American Academy of Pediatrics. Active in patient-oriented research, her main areas of interest are wide ranging but have primarily addressed how technology can be used to improve patient care and outcomes. She is the author of book chapters, review articles, and peer-reviewed manuscripts addressing pediatric obesity, among other topics related to pediatric care.

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