



A Christian Woman's Guide to Breaking Free from Pornography: It's Not Just a Guy's Problem

By Shelley Hitz, S'ambrosia Curtis

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This book is a resource created in response to numerous pleas for help from young girls and women alike regarding their struggle with sexual addictions. Although it is one of the largest issues facing today's Church, pornography addiction is also one of the largest secrets in the Church, especially among women.

We aim to open the door to confession and conversation among women in the Body of Christ who feel as though they are alone in this struggle.

Within its chapters you will find...

- Relevant statistics that demonstrate the influence of pornography in modern media
- Encouraging testimonies from women who have overcome their addiction by the unfailing grace and mighty power of Christ
- And various strategies for resisting temptation in order to break free from pornography.

Overcoming sexual addiction is not an overnight process, but one that requires a commitment to die to selfish desires each and every day, and take on the nature and purity of Christ. If you take the information presented in this book to heart, you will find yourself well equipped for the journey.

For more information visit: ChristianWomenandPorn.com

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Editorial Review

Review

What Women Are Saying:

*"This book helped me to break free. **I have freedom from my addiction now.** To God be the glory!" - Allie*

*"This book helped me see that my sins were forgivable and that if I truly wanted to change my ways, God would give me the strength to do just that. **This book saved my life!**" - Elizabeth*

From the Author

Endorsements:

*"**This book isn't just for women.** It is for parents, teachers, faculty and administrators who work with women and girls. It's great for starting honest and transparent conversations about difficult and often embarrassing issues. The statistics are compelling, the ease-of-access to pornography is eye-opening, and the chapter on "your brain on porn" is essential information from which anyone can benefit."*

- Becky Tirabassi, Founder of Burning Hearts Inc., Author and Speaker

*"**What a powerful book!** Working with teen girls and talking candidly with them about the issues they face, I know first hand many girls are struggling with pornography and the path of destruction it takes them on. It has been difficult for me to find Christian resources that address the issue of pornography and females because it has been stigmatized as a "guy thing." This book gives me the resources I need."*

- Katie Wolfe, Founder & CEO of Get Real inC
Getrealinc.org

*"This book by far is the **best I've seen on the subject of pornography.** I was molested at 12 years of age and got heavily into pornography because of it. Back then I had no one to talk to and there were no books on this subject. So the older I became the darker this sin became in my life. If you or someone you know is into porn, please tell them about this book. It might be their only hope."*

- Scott Mason, author of "No Reason to Live" and "Beauty & Disgrace"
ScottMason.org

Users Review

From reader reviews:

Harold Martinez:

The book A Christian Woman's Guide to Breaking Free from Pornography: It's Not Just a Guy's Problem

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Thomas Rasmussen:

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Danny Miller:

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Roger Sowa:

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