



The Manga Cookbook: Japanese Bento Boxes, Main Dishes and More!

By *The Manga University Culinary Institute, Chihiro Hattori*

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The Manga Cookbook: Japanese Bento Boxes, Main Dishes and More! By The Manga University Culinary Institute, Chihiro Hattori

Reading manga sure can make a person hungry! Food appears frequently in Japanese comics, but what exactly is it that the characters are eating? Introducing *The Manga Cookbook*, an illustrated step-by-step guide to preparing simple Japanese dishes using ingredients found in every Western kitchen.

Learn to identify and make the same things you see in all your favorite manga: authentic onigiri (rice balls), yakitori (skewered chicken), oshinko (pickled vegetables), udon (Japanese noodles), okonomiyaki (Japanese-style pizza) and many others! Includes sections on how to assemble bento boxed lunches and properly use chopsticks. Features original manga illustrations by Chihiro Hattori. Soon, you too can enjoy a meal fit for a manga character!

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Editorial Review

Review

Youngsters can participate in manga cooking with *The Manga Cookbook* from The Manga University Culinary Institute, which offers 27 basic recipes by Yoko Ishihara introduced with color photographs. Additional black and white step-by-step comic book illustrations by Chihiro Hattori show how to make rabbit-shaped apple slices, rice hamburgers, pickled vegetables and teriyaki chicken.

Readers are guided through the cookbook by three cartoon characters: a young girl, Miyuki, who calls herself the kitchen sensei; Hiroshi, her boyfriend who likes to eat; and the feline-like mascot, Coo, identified as the book's culinary mastermind. In addition to recipes, more information about many of the dishes and ingredients are presented through Miyuki's notes. --**San Francisco Chronicle**

After many of the recipes is additional information, often quite fascinating, about the dishes and ingredients. You will learn plenty of Japanese culinary terms as well as elements of Japanese culture. --**Richard Auffrey, The Passionate Foodie,**

A "Top 10 Popular Paperbacks" selection for 2011 --**American Library Association**

About the Author

YOKO ISHIHARA is a certified nutritionist and chef, having earned her degree from Japan's prestigious Kagawa Nutrition University. Ishihara-sensei contributed the recipes and notes to this book, and as a mother of three, knows nearly as much about manga as she does about cooking.

CHIHIRO HATTORI is best known as the artist whose delightful illustrations in Manga University's *Kanji de Manga* series have taught thousands of students how to read and write Japanese. An avid cook, she created some of the cute bento designs in this book, and has been known to sneak an Usagi Ringo or two into the lunch her husband carries to work.

Users Review

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Andrew Fox:

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Sara Pacheco:

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