

Counseling and Psychotherapy Theories in Context and Practice: Skills, Strategies, and Techniques

By John Sommers-Flanagan, Rita Sommers-Flanagan

Download now

Read Online ➔

Counseling and Psychotherapy Theories in Context and Practice: Skills, Strategies, and Techniques By John Sommers-Flanagan, Rita Sommers-Flanagan

A comprehensive, in-depth exploration of the origins, contemporary developments, and applications to practice related to each major counseling theory

Fully revised and updated, *Counseling and Psychotherapy Theories in Context and Practice, Second Edition* is complete with useful learning aids, instructions for ongoing assessment, and valuable case studies—all designed to facilitate comprehension and lead to effective, ethical practice.

The *Second Edition* features:

- New chapters on Family Systems Theory and Therapy as well as Gestalt Theory and Therapy
- Extended case examples in each of the twelve Theory chapters
- A treatment planning section that illustrates how specific theories can be used in problem formulation, specific interventions, and potential outcomes assessment
- Deeper and more continuous examination of gender and cultural issues
- An evidence-based status section in each Theory chapter focusing on what we know from the scientific research with the goal of developing critical thinking skills
- A new section on "Outcome Measures" that provides ideas on how client outcomes can be tracked using practice-based evidence

Showcasing the latest research, theory, and evidence-based practice, *Counseling and Psychotherapy Theories in Context and Practice, Second Edition* is an engaging and illuminating text.

"John and Rita Sommers-Flanagan have done it again! In the revised Second Edition of their popular book, they have masterfully organized and written a compelling text that will appeal to students and faculty alike. The *Second Edition* is thoroughly pragmatic with careful attention to research and evidence-based

literature. Much to the delight of readers, extensive case analyses that illustrate major theoretical concepts abound."

—**Sherry Cormier**, PhD, Professor Emerita, West Virginia University, coauthor of *Interviewing and Change Strategies for Helpers*


"John and Rita Sommers-Flanagan have written an exceptionally practical text for students wishing to learn usable counseling principles. Their excellent scholarship is balanced by a superb treatment of counseling theory that includes a review of the strengths, limitations, and means for implementing the systems represented."

—**Robert Wubbolding**, EdD, Professor Emeritus, Xavier University; Director, Center for Reality Therapy; author of *Reality Therapy* (Theories of Psychotherapy Series)

"This introductory text is written with extraordinary care and attention to detail. Not only is it one of the best resources I know of for in-depth coverage of classical therapeutic theory, it is also one of the best at illuminating cutting-edge developments, both in theory and application. Readers will greatly benefit from the clarity, comprehensiveness, and personal perceptiveness of this engaging introductory guide."

—**Kirk J. Schneider**, PhD, Faculty, Saybrook University; Vice President, Existential-Humanistic Institute; coauthor of *Existential-Humanistic Therapy* and editor of *Existential-Integrative Psychotherapy*

 [Download Counseling and Psychotherapy Theories in Context a ...pdf](#)

 [Read Online Counseling and Psychotherapy Theories in Context ...pdf](#)

Counseling and Psychotherapy Theories in Context and Practice: Skills, Strategies, and Techniques

By John Sommers-Flanagan, Rita Sommers-Flanagan

Counseling and Psychotherapy Theories in Context and Practice: Skills, Strategies, and Techniques

By John Sommers-Flanagan, Rita Sommers-Flanagan

A comprehensive, in-depth exploration of the origins, contemporary developments, and applications to practice related to each major counseling theory

Fully revised and updated, *Counseling and Psychotherapy Theories in Context and Practice, Second Edition* is complete with useful learning aids, instructions for ongoing assessment, and valuable case studies—all designed to facilitate comprehension and lead to effective, ethical practice.

The *Second Edition* features:

- New chapters on Family Systems Theory and Therapy as well as Gestalt Theory and Therapy
- Extended case examples in each of the twelve Theory chapters
- A treatment planning section that illustrates how specific theories can be used in problem formulation, specific interventions, and potential outcomes assessment
- Deeper and more continuous examination of gender and cultural issues
- An evidence-based status section in each Theory chapter focusing on what we know from the scientific research with the goal of developing critical thinking skills
- A new section on "Outcome Measures" that provides ideas on how client outcomes can be tracked using practice-based evidence

Showcasing the latest research, theory, and evidence-based practice, *Counseling and Psychotherapy Theories in Context and Practice, Second Edition* is an engaging and illuminating text.

"John and Rita Sommers-Flanagan have done it again! In the revised Second Edition of their popular book, they have masterfully organized and written a compelling text that will appeal to students and faculty alike. The *Second Edition* is thoroughly pragmatic with careful attention to research and evidence-based literature. Much to the delight of readers, extensive case analyses that illustrate major theoretical concepts abound."

—**Sherry Cormier**, PhD, Professor Emerita, West Virginia University, coauthor of *Interviewing and Change Strategies for Helpers*

"John and Rita Sommers-Flanagan have written an exceptionally practical text for students wishing to learn usable counseling principles. Their excellent scholarship is balanced by a superb treatment of counseling theory that includes a review of the strengths, limitations, and means for implementing the systems represented."

—**Robert Wubbolding**, EdD, Professor Emeritus, Xavier University; Director, Center for Reality Therapy; author of *Reality Therapy* (Theories of Psychotherapy Series)

"This introductory text is written with extraordinary care and attention to detail. Not only is it one of the best resources I know of for in-depth coverage of classical therapeutic theory, it is also one of the best at illuminating cutting-edge developments, both in theory and application. Readers will greatly benefit from the clarity, comprehensiveness, and personal perceptiveness of this engaging introductory guide."


—**Kirk J. Schneider**, PhD, Faculty, Saybrook University; Vice President, Existential-Humanistic Institute;

coauthor of *Existential-Humanistic Therapy* and editor of *Existential-Integrative Psychotherapy*

Counseling and Psychotherapy Theories in Context and Practice: Skills, Strategies, and Techniques
By John Sommers-Flanagan, Rita Sommers-Flanagan Bibliography

- Sales Rank: #565375 in Books
- Published on: 2012-03-13
- Original language: English
- Number of items: 1
- Dimensions: 9.50" h x 1.35" w x 7.70" l, 2.55 pounds
- Binding: Hardcover
- 592 pages

 [Download Counseling and Psychotherapy Theories in Context a ...pdf](#)

 [Read Online Counseling and Psychotherapy Theories in Context ...pdf](#)

Download and Read Free Online Counseling and Psychotherapy Theories in Context and Practice: Skills, Strategies, and Techniques By John Sommers-Flanagan, Rita Sommers-Flanagan

Editorial Review

Review

"This introductory text is written with extraordinary care and attention to detail. Not only is it one of the best resources I know of for in depth coverage of classical therapeutic theory, but it is also one of the best at illuminating cutting edge developments, both in theory and application. Readers will greatly benefit from the clarity, comprehensiveness, and personal perceptiveness of this engaging introductory guide."

—**Kirk J. Schneider**, Ph.D., Faculty, Saybrook University and the Existential-Humanistic Institute; Author of *Existential-Humanistic Therapy and Existential-Integrative Psychotherapy*

"This outstanding textbook does not oversimplify the major theories of counseling and psychotherapy nor does it underestimate the neophyte counselor's ability to grapple with ambiguity and complexity--it strikes just the right chord."

—**Thomas K. Burdenski**, Ph.D., Assistant Professor of Psychology and Counseling Tarleton State University

"John and Rita Sommers-Flanagan have written an exceptionally practical text for students wishing to learn usable counseling principles. Their excellent scholarship is balanced by a superb treatment of counseling theory that includes a review of the strengths, limitations, and means for implementing the systems represented."

—**Robert Wubbolding**, Ed.D., Professor Emeritus, Xavier University, Center for Reality Therapy; Author of *Reality Therapy: Theories of Psychotherapy Series*

"The Sommers-Flanagan team (John and Rita) have done it again! In the revised second edition of their popular Counseling and Psychotherapy Theories in Context and Practice book, they have masterfully organized and written a compelling text that will appeal to students and faculty alike. The second edition is thoroughly pragmatic with careful attention to research and evidence-based literature. Much to the delight of the readers, extensive case analyses that illustrate major theoretical concepts abound."

—**Sherry Cormier**, Ph.D., Professor Emerita, West Virginia University

"Here is a textbook that indulges its reader's curiosity for theories – their complexities and nuances, so often lost in many other textbooks of similar name, receive their due here. John and Rita have an uncanny knack for dismantling the jargon that often distances emerging counselors from the utility and elegance of counseling and psychotherapy theories. If there is such a thing in academe, this is a page-turner that you won't want to put down."

—**Kurt L. Kraus**, Ed.D., Professor of Counseling, Shippensburg University of Pennsylvania

"Significantly revised and updated, *Counseling and Psychotherapy Theories in Context and Practice* is comprehensive in scope and highly practical; thorough and accessible. With this new edition, John and Rita Sommers-Flanagan have made a quality text even better. It is an excellent resource and I highly recommend it."

—**Richard E. Watts**, Ph.D., Distinguished Professor of Counseling, Director, Center for Research and Doctoral Studies in Counselor Education, Department of Educational Leadership & Counseling, Sam Houston State University

From the Back Cover

AN IN-DEPTH EXPLORATION OF THE MAJOR COUNSELING THEORIES—ORIGINS, CONTEMPORARY DEVELOPMENTS, AND APPLICATIONS TO PRACTICE

Fully revised and updated, *Counseling and Psychotherapy Theories in Context and Practice, Second Edition* is complete with useful learning aids, instructions for ongoing assessment, and valuable case studies—all designed to facilitate comprehension and lead to effective, ethical practice.

This new edition also provides access to the Video Resource Center (VRC), which includes 11 videos—each featuring different therapeutic approaches with real therapists and clients. Additionally, the Second Edition features:

- New chapters on Family Systems Theory and Therapy as well as Gestalt Theory and Therapy
- Extended case examples in each of the twelve Theory chapters
- A treatment planning section that illustrates how specific theories can be used in problem formulation, specific interventions, and potential outcomes assessment
- Deeper and more continuous examination of gender and cultural issues
- An evidence-based status section in each Theory chapter focusing on what we know from the scientific research, with the goal of developing critical thinking skills
- A new section on Outcome Measures that provides ideas on how client outcomes can be tracked using practice-based evidence

Showcasing the latest research, theory, and evidence-based practice *Counseling and Psychotherapy Theories in Context and Practice* is an engaging and illuminating text.

"John and Rita Sommers-Flanagan have done it again! In the revised *Second Edition* of their popular book, they have masterfully organized and written a compelling text that will appeal to students and faculty alike. The *Second Edition* is thoroughly pragmatic with careful attention to research and evidence-based literature. Much to the delight of readers, extensive case analyses that illustrate major theoretical concepts abound."

—**Sherry Cormier, PhD, Professor Emerita, West Virginia University, coauthor of *Interviewing and Change Strategies for Helpers***

"John and Rita Sommers-Flanagan have written an exceptionally practical text for students wishing to learn usable counseling principles. Their excellent scholarship is balanced by a superb treatment of counseling theory that includes a review of the strengths, limitations, and means for implementing the systems represented."

—**Robert Wubbolding, EdD, Professor Emeritus, Xavier University; Director, Center for Reality Therapy; author of *Reality Therapy* (Theories of Psychotherapy Series)**

"This introductory text is written with extraordinary care and attention to detail. Not only is it one of the best resources I know of for in-depth coverage of classical therapeutic theory, it is also one of the best at illuminating cutting-edge developments, both in theory and application. Readers will greatly benefit from the clarity, comprehensiveness, and personal perceptiveness of this engaging introductory guide."

—**Kirk J. Schneider, PhD, Faculty, Saybrook University; Vice President, Existential-Humanistic Institute; coauthor of *Existential-Humanistic Therapy* and editor of *Existential-Integrative Psychotherapy***

Video Resource Center: www.wiley.com/go/videoresourcecenter

Instructor Site: www.wiley.com/go/counselingtheories

Student Resource Site: www.wiley.com/go/counselingtheories

About the Author

John Sommers-Flanagan has a PhD in psychology and is Professor of Counselor Education at the University of Montana. He serves as a mental health consultant for Trapper Creek Job Corps. His research interests include clinical interviewing, parent consultations, and adolescent psychotherapy.

Rita Sommers-Flanagan is Professor of Counselor Education at the University of Montana. She provides mental health consultation at the Missoula Veterans Center and Trapper Creek Job Corps. She has taught and written in the area of applied, practical ethics for the past fifteen years.

John and Rita have coauthored seven books, including *Clinical Interviewing, Fourth Edition*; *Becoming an Ethical Helping Professional: Cultural and Philosophical Foundations*; and *How to Listen so Parents Will Talk and Talk so Parents Will Listen* (all published by Wiley).

Users Review

From reader reviews:

Desiree Schwindt:

Book is written, printed, or highlighted for everything. You can learn everything you want by a e-book. Book has a different type. To be sure that book is important factor to bring us around the world. Next to that you can your reading ability was fluently. A guide Counseling and Psychotherapy Theories in Context and Practice: Skills, Strategies, and Techniques will make you to become smarter. You can feel a lot more confidence if you can know about almost everything. But some of you think which open or reading a new book make you bored. It isn't make you fun. Why they are often thought like that? Have you looking for best book or appropriate book with you?

Kenneth Flowers:

The book Counseling and Psychotherapy Theories in Context and Practice: Skills, Strategies, and Techniques can give more knowledge and information about everything you want. So why must we leave the good thing like a book Counseling and Psychotherapy Theories in Context and Practice: Skills, Strategies, and Techniques? A number of you have a different opinion about guide. But one aim that book can give many facts for us. It is absolutely right. Right now, try to closer along with your book. Knowledge or details that you take for that, you could give for each other; you may share all of these. Book Counseling and Psychotherapy Theories in Context and Practice: Skills, Strategies, and Techniques has simple shape but the truth is know: it has great and large function for you. You can appearance the enormous world by open up and read a book. So it is very wonderful.

Kevin Shepherd:

Now a day those who Living in the era everywhere everything reachable by match the internet and the resources inside it can be true or not require people to be aware of each details they get. How a lot more to be smart in obtaining any information nowadays? Of course the reply is reading a book. Examining a book can help men and women out of this uncertainty Information specially this Counseling and Psychotherapy Theories in Context and Practice: Skills, Strategies, and Techniques book since this book offers you rich data and knowledge. Of course the details in this book hundred % guarantees there is no doubt in it everybody

knows.

Stephanie Carter:

The reason? Because this Counseling and Psychotherapy Theories in Context and Practice: Skills, Strategies, and Techniques is an unordinary book that the inside of the guide waiting for you to snap this but latter it will zap you with the secret the item inside. Reading this book close to it was fantastic author who write the book in such remarkable way makes the content on the inside easier to understand, entertaining way but still convey the meaning completely. So , it is good for you because of not hesitating having this anymore or you going to regret it. This unique book will give you a lot of gains than the other book get such as help improving your expertise and your critical thinking approach. So , still want to hesitate having that book? If I were you I will go to the book store hurriedly.

**Download and Read Online Counseling and Psychotherapy
Theories in Context and Practice: Skills, Strategies, and Techniques
By John Sommers-Flanagan, Rita Sommers-Flanagan
#ECD28HXBGUW**

Read Counseling and Psychotherapy Theories in Context and Practice: Skills, Strategies, and Techniques By John Sommers-Flanagan, Rita Sommers-Flanagan for online ebook

Counseling and Psychotherapy Theories in Context and Practice: Skills, Strategies, and Techniques By John Sommers-Flanagan, Rita Sommers-Flanagan Free PDF d0wnl0ad, audio books, books to read, good books to read, cheap books, good books, online books, books online, book reviews epub, read books online, books to read online, online library, greatbooks to read, PDF best books to read, top books to read Counseling and Psychotherapy Theories in Context and Practice: Skills, Strategies, and Techniques By John Sommers-Flanagan, Rita Sommers-Flanagan books to read online.

Online Counseling and Psychotherapy Theories in Context and Practice: Skills, Strategies, and Techniques By John Sommers-Flanagan, Rita Sommers-Flanagan ebook PDF download

Counseling and Psychotherapy Theories in Context and Practice: Skills, Strategies, and Techniques By John Sommers-Flanagan, Rita Sommers-Flanagan Doc

Counseling and Psychotherapy Theories in Context and Practice: Skills, Strategies, and Techniques By John Sommers-Flanagan, Rita Sommers-Flanagan Mobipocket

Counseling and Psychotherapy Theories in Context and Practice: Skills, Strategies, and Techniques By John Sommers-Flanagan, Rita Sommers-Flanagan EPub

ECD28HXBGUW: Counseling and Psychotherapy Theories in Context and Practice: Skills, Strategies, and Techniques By John Sommers-Flanagan, Rita Sommers-Flanagan