



# Abnormal Psychology

By Susan Nolen-Hoeksema

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## Abnormal Psychology By Susan Nolen-Hoeksema

ABNORMAL PSYCHOLOGY 2e, by award-winning teacher, and noted researcher Susan Nolen-Hoeksema, is a text for a new generation. **Science**, **Compassion**, and **Teachability** are the organizing themes for this ground breaking text. Dr. Nolen-Hoeksema combines cutting-edge research with her award winning teaching style and presents Abnormal Psychology in a compassionate framework. This is the first text that successfully presents research in a way that is both teachable and gives a voice to those struggling with mental illness. Several new features have been added to the second edition around the themes of **Science**, **Compassion**, and **Teachability**. **Science** The second edition of ABNORMAL PSYCHOLOGY continues to give students a solid grounding in the classic research of abnormal psychology. New to the edition are features that highlight fascinating new scientific research or theories that hold promise of revolutionizing theory and treatment in the field and that discuss scientific controversies in abnormal psychology in a balanced way. Important discussions on the impact of culture and gender on mental disorders are woven into each chapter. Dr. Nolen-Hoeksema's style of presenting scientific findings is engaging to students and brings the science to life in a way that no other research-based text does. **Compassion** The second edition of ABNORMAL PSYCHOLOGY highlights the personal accounts of people struggling with mental illness to give students a greater understanding of the suffering that these individuals experience. The concerns of students who have suffered mental disorders themselves are also addressed directly in this edition. **Teachability** The second edition continues to present difficult material with the clarity that aids student learning and includes NEW student friendly pedagogy such as Concept Review Tables to help students organize and visualize difficult concepts.

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### **Editorial Review**

#### **About the Author**

Susan Nolen-Hoeksema is a Professor of Psychology at the University of Michigan. She received her B.A. in Psychology from Yale University and her Ph.D. in Clinical Psychology from the University of Pennsylvania. Dr. Nolen-Hoeksema has won numerous awards for her research on depression, including the Early Career Award from the American Psychology Association and Research Career Award from the National Institute of Mental Health. Recent books by Dr. Nolen-Hoeksema include *Coping with Loss* (1999), and *Depression in Children and Adolescents* (in press). Dr. Nolen-Hoeksema has taught Abnormal Psychology at the University of Michigan and at Stanford University, and has won multiple awards for her teaching. She currently directs the Gender and Mental Health Training Program at the University of Michigan and carries on an active program of research on psychosocial factors in depression.

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